

Improving Health Care and Outcomes for Residents of Lincoln Parish

2013

Annual Report

Section 1

Agenda Annual Public Meeting March 27, 2013



Improving Health Care and Outcomes for Residents of Lincoln Parish

Agenda

Lincoln Health Foundation Public Meeting

Wednesday, March 27, 2013 10:00 – 11:00 a.m. Lincoln Parish Library Meeting Room

Purpose of Meeting: Update the public regarding the current activities of the Foundation towards fulfilling its mission of improving health care and outcomes for residents of Lincoln Parish.

I. Welcome

Dr. Ben Haley, Chair

- II. Introductions
- III. Foundation Facts & Basic Information
- IV. Review of Current Funding Initiatives

Norman Hanes, CEO

- V. Grantee Presentations
 - Ms. Gloria Mays, Executive Director, Elisha Ministries
 - > Dr. Heather McCollum, Assistant Professor of Family & Child Studies, Louisiana Tech
 - Ms. Tammie Slawson, Partnership Development Coordinator, Seeker Springs
- VI. 2013 2014 Initiative Focus Areas
- VII. Ouestions
- VIII. Adjourn

Board of Directors

Ben P. Haley, MD, Chair (Police Jury Representative)

Wilbert Ellis, Vice Chair

James Davison, Secretary / Treasurer

John Belton

Benjamin (Benny) L. Denny (Mayors' Representative)

Allen Herbert, MD

Fredric Hoogland

Shirley P. Reagan, PhD

Mrs. Jo Tatum (School Board Representative)

Attorney

Bill Jones

Contact Information

Norman Hanes, CEO (318) 251-3226 nhanes@lincolnhealth.com www.lincolnhealth.com

Section 2

Welcome & Opening Remarks Ben L. Haley, M.D., Chairman

2013 LHF Annual Public Meeting (Wed.27.Mar.2013)

Dr. Ben Haley Presentation: Script DRAFT

<u>Welcome:</u> Good morning. On behalf of the Board of Directors of Lincoln Health Foundation I would like to thank you for joining us for our 2013 Annual Public Meeting. I am Dr. Ben Haley and I serve as Chairman of the Board. I have been a Board member since 2007 – appointed by the Lincoln Parish Police Jury.

I would also like to welcome three of the Foundation's grantees who will be participating a little later in the program:

- Gloria Mays, Executive Director of Elisha Ministries
- Dr. Heather McCollum Assistant Professor of Family & Child Studies,
 Louisiana Tech School of Human Ecology
- Tammie Slawson, Partnership Development Coordinator, Seeker Springs

<u>Purpose:</u> The purpose of this annual meeting is give you an update on Lincoln Health Foundation, discuss its future and give you an opportunity to ask questions and provide input.

<u>Mission:</u> The mission of the Foundation is to improve health care and outcomes for residents of Lincoln Parish.

<u>Board Members</u>: Lincoln Health Foundation is managed by a nine member Board of Directors. Each Board member serves a 3 year term with reappointment to one additional 3 year term possible. Our Board members are:

- Wilbert Ellis (Vice Chair)
- James Davison (Secretary / Treasurer)
- Dr. Allen Herbert (Physician Representative)
- Fredric Hoogland
- John Belton
- Dr. Shirley Reagan
- Benny Denny (Appointed by Lincoln Parish Mayors)
- Mrs. Jo Tatum (Appointed by Lincoln Parish School Board)

All of these Board members serve on a volunteer basis and I want to publicly express appreciation to them for their work.

<u>Attorney</u>: The Foundation's attorney is Bill Jones.

CEO: The Foundation's Chief Executive Officer is Norman Hanes, and the Foundation's office is located on North Trenton Street across from the Lincoln Parish Library.

Funding Resources:

With regard to the sources from which the Foundation receives its funds, we are fortunate to have 3 primary sources of funding:

First, the Foundation receives an annual bequest from the Harold Sturgis estate which requires that the Foundation utilize the funds for indigent health care in Lincoln Parish. The awards vary, but average approximately \$170 thousand annually. To date, the Foundation has received six bequests totaling just over \$1 million.

We are also privileged to have the Mary Jarrell Scholarship Fund which is used exclusively for nursing education. The corpus in that account is just over \$350 thousand.

Lastly, the Foundation's primary source of funds came from the sale of Lincoln General Hospital on April 1, 2007. The final distribution of funds was received from Lincoln Health System in 2010 and the current corpus is approximately \$26 million.

By law, the Foundation is required to spend 5% of its corpus each year. This means that since 2010 we have spent approximately \$1.2 million each year for specific health needs occurring in Lincoln Parish as per the Foundation's strategic plan. This strategic plan was based on results of the health needs assessment that was completed in 2008 and has been the basis for the \$3.8 million that the Foundation has funded in Lincoln Parish for needed health care improvement initiatives.

Our goal is to preserve the corpus and to use earnings from investments to accomplish the Foundation's mission. Obviously, our ability to preserve the corpus depends on the performance of the investment market which has been somewhat of a challenge for the past several years. The Foundation's funds are invested with Argent Financial Group, Regions Bank, and J.P. Morgan. The performance of these investments is reviewed monthly and the investment agreements with these advisors are evaluated annually.

The Foundation uses Heard, McElroy & Vestal, LLP Certified Public Accountants for its annual audit and other reporting requirements. Copies of our audits and tax returns are available on the Foundation's website.

Closing Remarks

The Board of Directors is excited about the programs that have been completed to date and very optimistic about the funding initiatives that are currently in progress, as well as those we will be funding later on this fiscal year.

I would now like to turn the program over to our Chief Executive Officer – Norman Hanes – who will talk about the specific strategic plan initiatives the Foundation has addressed since our public meeting last year, as well as those planned for the remainder of this fiscal year.

Section 3

Presentation Norman L. Hanes, CEO

Lincoln Health Foundation Annual Public Meeting

March 27, 2013



Mission & Vision

Mission Statement

The mission of Lincoln Health Foundation is to improve health care and outcomes for the residents of Lincoln Parish.

Vision Statement

To be the facilitator of health-related initiatives, programs, and services that enable Lincoln Parish residents to improve their quality of life.



Primary Focus Areas

- Healthier Beginnings
- Healthier Living
- Healthier Outcomes & Improved Access to Health Care Services



Primary Focus Area: Healthier Beginnings

Objective: Improve outcomes for children and their families by providing home-based parenting and early childhood outreach programs to families in Lincoln Parish who access public health or other assistance resources.

- Growing Great Kids™ Program
 - 2010 Lincoln Parish Health Unit
 - 2011 Life Choices of North Central Louisiana
 - 2012 Life Choices of North Central Louisiana
- Mentoring of Moms (MOMs) Program
 - 2010 Life Choices of North Central Louisiana
 - 2011 Life Choices of North Central Louisiana
 - · 2012 Life Choices of North Central Louisiana



Primary Focus Area: Healthier Beginnings

Objective: Improve outcomes for children and their families by providing home-based parenting and early childhood outreach programs to families in Lincoln Parish who access public health or other assistance resources.

\$ 392,651 to date



Primary Focus Area: Healthier Living

Objectives:

- #1: Increase opportunities for physical activity in community.
 - Legacy Park at Lincoln Parish Park
 - Boys & Girls Club "Triple Play Program"
 - 2011
 - 2012



Primary Focus Area: Healthier Living

Objectives:

- #1 Increase opportunities for physical activity in community
- #2 Increase teacher and student knowledge of nutrition in Lincoln Parish Schools
 - SmartBodies Nutrition & Physical Fitness Program (2010 & 2011)
 - (Ruston Elementary, Simsboro High, Alma J. Brown & HICO Elementary)
 - FAB 5 Lit Fit Program Literacy & Fitness Education (2010-2012) (ECC, HICO, Glenview, Hillcrest, Choudrant and Simsboro Elementary Schools)
 - School Gardens (2010 & 2011)
 (HICO, Ruston and Cypress Springs Elementary Schools)



Primary Focus Area: Healthier Living

Objectives:

- · #1 Increase opportunities for physical activity in community
- #2 Increase leachers' knowledge of nutrition:
- #3 Increase parental knowledge of benefits of proper nutrition and physical exercise.
 - Parents Academy (Parental Health & Educational Support Network) (2011 & 2012) Louisiana Tech Family Child Studies Department



Primary Focus Area: Healthier Living

Objectives:

- #1 Increase opportunities for physical activity in community.
- #2 Increase teachers' knowledge of nutrition
- #3 Increase parental knowledge of benefits of proper nutrition and physical exercise
- #4 Increase healthy food alternatives in school system
 - Louisiana Tech University Dept. of Nutrition Dr. Mary Murimi



Primary Focus Area: Healthier Living

Objectives:

- · 41 Increase opportunities for physical activity in community
- #2 Increase teachers' knowledge of nutrition
- #3 Increase parental knowledge of benefits of proper nutrition and physical exercise
- #4 Increase healthy food alternatives in school system.
- #5 Reduce occurrence of teenage pregnancies and sexually transmitted diseases, and delay the onset of teenage sexual activity.
 - Raising STI Awareness Program Louisiana Tech Department of Nursing (2012 – 2013)



Primary Focus Area: Healthier Living

Objectives:

- #1 Increase opportunities for physical activity in community
- #2 Increase leachers' knowledge of nutrition:
- #3 Increase parental knowledge of benefits of proper nutrition and physical exercise
- #4 Increase healthy food alternatives in school system.
- #5 Reduce occurrence of teenage pregnancies and sexually transmitted diseases, and delay the coset of teenage sexual activity

\$665,968 to date



Primary Focus Area: Healthier Outcomes & Improved Access to Health Care Services

Objectives:

 #1 Increase access to health care services for Lincoln Parish elementary school students through the Lincoln Parish Schools HEALS program.



Primary Focus Area: Healthier Outcomes & Improved Access to Health Care Services

- > HEALS (Health Enterprise to Assist Lincoln's Students)
- > 5th Year.... total funding = \$1.1 million
 - Nursing Personnel, Medical Supplies & Nursing Software
 - Dental Screenings of 3rd & 6th Graders
 - Dental Treatment for Uninsured Students
 (Dr's. Ward & Turpin, Paige Volentine, Peachtree Dental)
 - Hygiene Kits / Lice Kits / Extra Uniforms
 - Mental Health Counselor at Ruston Elementary



Primary Focus Area: Healthier Outcomes & Improved Access to Health Care Services

Objectives:

 #2 Enable access to health care services for Lincoln Parish residents who do not have access to health care services due to inability to obtain health insurance.



Primary Focus Area: Healthier Outcomes & Improved Access to Health Care Services

Initiatives Implemented:

- Medical Mobile Clinic
 The Health Hut (2011 and 2012)
- Medical & Psychiatric Services for Homeless in Lincoln Parish
 Elisha Ministries, DBA Supportive Housing of Northeast LA (2011 and 2012)
- Mental Health Services Access
 Funding of Community Mental Health Collaborator
 Louisiana Methodist Children's Home Family Counseling Center (2011)
 - Funding for Expansion of Family Counseling Center Program Louisiana Methodist Children & Family Services (2011)
 - Mental Health Initiative: Counseling Services for Indigent & Other Foundation Grantees Louisiana Methodist Children & Family Services (2012)
 - Adolescent Counseling Program for At-Risk 6th Graders at I.A. Lewis School Seeker Springs Adolescent Counseling Center (2011 and 2012)

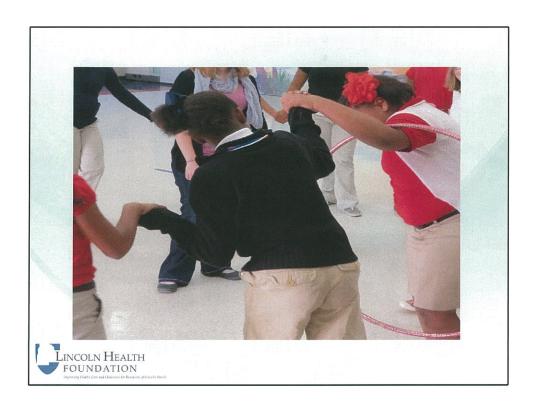
\$2,603,635 to date

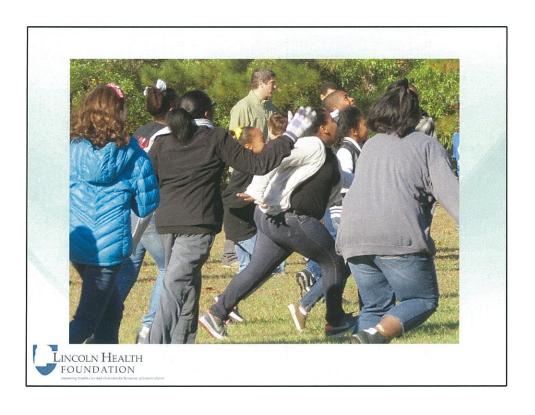


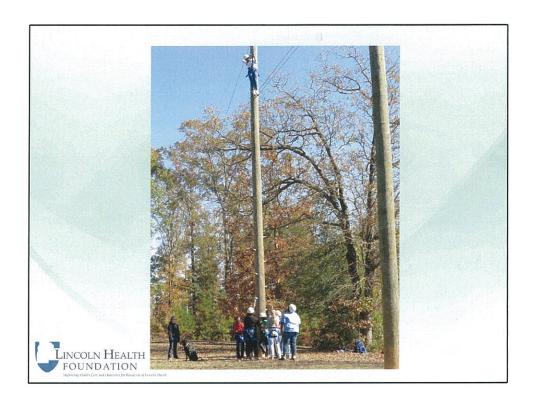
Grantee Presenters

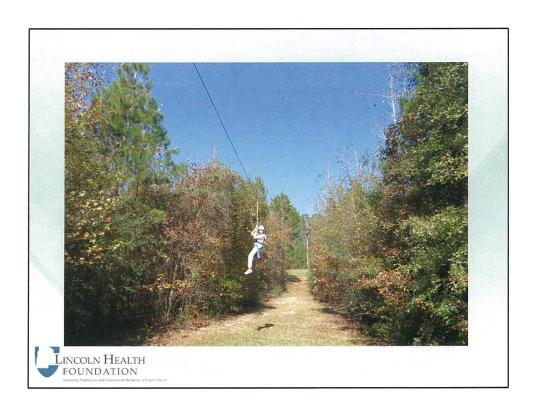
- · Ms. Gloria Mays, Executive Director, Elisha Ministries
- Dr. Heather McCollum, Assistant Professor of Family & Child Studies, Louisiana Tech
- · Ms. Tammie Slawson, Partnership Development Coordinator, Seeker Springs









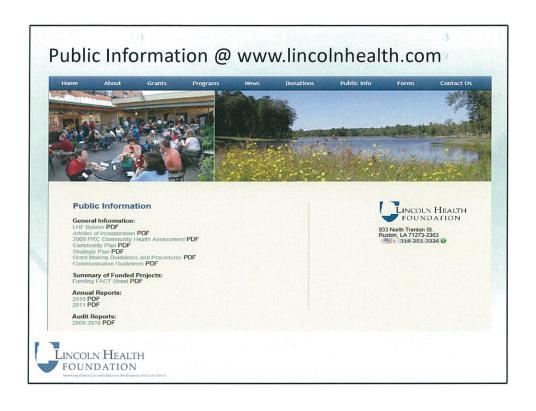


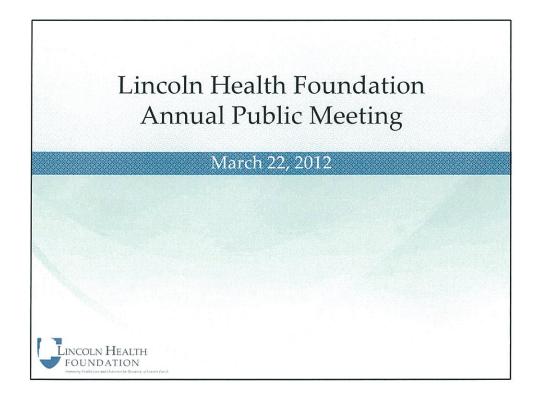


2013 Focus Areas

- · Healthier Living Initiative:
 - Sexually transmitted diseases education
 - Unplanned Pregnancies (Including Unwed and Teen Births)
 - Childhood Obesity
- · Improved Access to Health Care Services:
 - Integration of Mental Health Services Into Existing Initiatives Funded by the Foundation
 - Adult Dental Services
 - > Other Areas With Limited Access to Health Care Services







Section 4

Lincoln Health Foundation Funding Impact Fact Sheet



Improving Health Care and Outcomes for Residents of Lincoln Parish

LHF Funding Impact Fact Sheet

2008

| Funding Date | Recipient / Description of Outcomes | Amount Funded |
|----------------------------|---|--------------------|
| October, 2008: (Completed) | Lincoln Parish Health Unit, Ruston, Louisiana * Access to Health Care Services Initiative | \$ 84,000.00 |
| | HPV Gardasil Vaccination Program (129 Women) WIC Kitchen Construction Laboratory Renovation (Improved Patient Flow Project) | |
| October, 2008: (Completed) | Lincoln Parish Schools, Ruston, Louisiana * Health Enterprise to Assist Lincoln's Students (HEALS | \$ 84,000.00 S) |
| | School Nurse's Station (Materials & Equipment) Hygiene Initiative (Personal Hygiene Kits, Lice Kits, Extra U Dental Care Project (3rd Grade Screening, Dentist Voucher Preachtree Dental; Dr. Volentine; Dr's. Ward & Turpin) Transportation (Coordinator Referrals & Voucher System) Coordination of Dental Referrals | |
| Total Projects Fun | ded – 2008: | \$ 168,000.00 |

2009

| Funding Date | Recipient / Description of Outcomes | Amount Funded |
|------------------------------|---|--|
| October, 2009 (Completed) | Lincoln Parish Schools, Ruston, Louisiana * Health Enterprise to Assist Lincoln's Students (HEA | \$ 184,951.00 ALS) Year 2 |
| | School Nurse (Addition of School Nurse for Indigent Chil) School Nurses' Stations (Materials & Equipment) Hygiene Initiative (Personal Hygiene Kits, Lice Kits, Extr.) Dental Care Project (3rd Grade Screenings, Dentist Vouch Mental Health (Counseling Referrals Pilot at Cypress Spr.) Transportation (Coordinator Referrals & Voucher System Coordination of Dental Referrals Project Implementation & Coordination | ra Uniforms) ter Program) rings Elem.) |
| October, 2009 (Completed) | Lincoln Parish Schools, Ruston, Louisiana * SmartBodies TM Nutrition & Physical Activity Education | \$ 11,660.00 1 Program |
| a . | Implementation at Ruston Elementary & Cypress Springs Collaborative Funding by Blue Cross Blue Shield of Louis Lincoln Health Foundation | |
| Total Projects Fun | nded - 2009: | \$ 196,611.00 |
| Total Projects Fur | nded (2008-2009): | \$ 364,611.00 |

2010

| Funding Date | Recipient / Description of Outcomes | Amount Funded |
|-----------------------------|--|-----------------|
| September, 2010 (Completed) | North Louisiana Area Health Education Ctrs. (AHEC) Growing Great Kids™ Home Visitation Program | * \$ 74,065.86. |
| | Prenatal & Postnatal Education Parental Education Re: Child Development | |

October, 2010

Lincoln Parish Schools, Ruston, Louisiana *

\$ 299,934.00

(Completed)

Health Enterprise to Assist Lincoln's Students (HEALS) Year 3

- ➤ School Nurse (Addition of Two (2) School Nurse)
- > School Nurses' Stations (Materials, Software,& Equipment)
- > Educational Supplies
- > Prescription Medication
- > Medical Physician Visits
- Hygiene Initiative (Personal Hygiene Kits, Lice Kits, Extra Uniforms)
- ▶ Dental Care Project (3rd Grade Screenings, Dentist Voucher Program)
- ➤ Mental Health (Play Therapy; Psychologist / Counselor)
- > Visual Health
- ➤ Transportation (Coordinator Referrals & Voucher System)
- ➤ Coordination of Dental Referrals
- ➤ Project Implementation & Coordination

December, 2010

Life Choices of North Central Louisiana Mentoring Of Moms (MOMs) Program

\$ 26,266.00

(Completed)

Exposure of "At Risk" young mothers and mothers-to-be to healthy family lifestyles

- > Understand needs of young mothers and her baby and guide to positive solutions for meeting those needs
- Encourage mothers-to-be to seek adequate prenatal care and participate in proper nutrition

Total Projects Funded - 2010:

\$ 400,265.86

Total Projects Funded (2008-2010):

\$ 764,876.86

2011

| Funding Date | Recipient / Description of Outcomes | Amount Funded |
|------------------------------|---|---------------------------------|
| January, 2011 (Completed) | Lincoln Parish Schools, Ruston, LA FAB 5: Lit Fit Program (Literacy Program) Implementation at Early Childhood Center in Ruston, LA Curriculum content: literacy skills, combined with fitness, nutrition, and health concepts Overall objective: reducing overweight school-aged children | \$ 16,384.00 |
| January, 2011 (Completed) | Louisiana Tech University Family Child Studies Dept Parents' Academy and Parental Health and Educational Support Network for Lincoln Parish Schools > Implementation of a forum for parental communication regard | |
| | health issues Increase parent and children physical activity knowledge and p Improve parents' awareness of improving and supporting child nutritional choices | participation |
| January, 2011 (Completed) | Lincoln Parish Schools, Ruston, Louisiana * SmartBodies™ Nutrition & Physical Activity Education Pro Implementation at Simsboro High School, Alma J. Brown and Implementation of vegetable gardens at Cypress Springs Elementary, and Hico Elementary Schools. Implementation of a walking program at Hico Elementary Schools. | Hico Schools. entary, Ruston |
| March, 2011 (Completed) | Louisiana Tech University Division of Nursing Sexual Health: Raising STI Awareness Program Implementation of instructional materials to promote awareness sexually transmitted infections at Louisiana Tech University Implementation of peer instruction, campus referral information other aids to promote prevention, detection and treatment of ST | on and |
| April, 2011 (Completed) | Elisha Ministries, Inc., dba Supportive Housing of N.E. I. Mental, Medical and Dental Support Services Program for Homeless Clients Originating From Lincoln Parish Provides mental health assessments, planning and case manage Provides physical health assessments, planning and case manage Provides dental examinations and services for clients Provides needed medical devises for clients without health insurance Provides for transportation of clients to medical, mental and definitions. | ement gement ırance |

| April, 2011 (Completed) | Legacy Park at Lincoln Parish Park Increase Physical Activity & Exercise Initiative Multi-Purpose Playground for special needs children | \$ 200,000.00 |
|-------------------------------|--|---------------|
| June, 2011 (Completed) | Lincoln Parish Schools, Ruston, LA FAB 5: Lit Fit Program (Literacy Program) Year 2 Implementation at Early Childhood Center in Ruston, LA Curriculum content: literacy skills, combined with fitness, nutrition, and health concepts Overall objective: reducing overweight school-aged children | \$ 16,019.00 |
| June, 2011 (Completed) | Linking the Parish, Inc., Ruston, LA The Health Hut Mobile Medical Clinic Deployment of mobile medical care to the uninsured population of Lincoln Parish Promote preventive care through ongoing medical screening and educational programs Provide referral services for patients presenting with complex medical issues | \$ 780,272.00 |
| November, 2011 (Completed) | Life Choices of North Central Louisiana, Ruston, LA Growing Great Kids™ Home Visitation Program - Year 2 ➤ Prenatal & Postnatal Education ➤ Parental Education Re: Child Development | \$ 131,319.00 |
| November, 2011 (Completed) | United Way of Northeast Louisiana, Ruston, LA Boys & Girls Club of North Central Louisiana Triple Play: A Game for Mind, Body & Soul Developing health habits to address nutrition, education and fitness Childhood obesity awareness & education Increasing fitness to reduce obesity, high blood pressure and other cardiovascular diseases | \$ 62,564.00 |

November, 2011 (In Progress)

United Way of Northeast Louisiana, Ruston, LA

\$ 27,797.00

Louisiana United Methodist Children's Home & Family Services, Inc.

Community Mental Health Collaborator (Part-Time Position)

- > Primary Responsibilities:
 - Assess the mental health needs of Lincoln Parish
 - Identify gaps in service areas
 - Establish relationships with key community entities
 - Develop networking and collaborative opportunities with mental health service providers, the medical community, faith-based organizations, businesses, school administrators, civic organizations and community leaders

November, 2011 (In Progress)

United Way of Northeast Louisiana, Ruston, LA

\$ 35,700.00

Louisiana United Methodist Children's Home & Family Services, Inc.

Expansion of Family Counseling Center Program Services:

- ➤ Professional family and marriage counseling services
- Specialized counseling services for children
- > Trauma recovery counseling services for adults and children
- > Child abuse counseling services
- Community education

December, 2011 (In Progress)

Life Choices of North Central Louisiana, Ruston, LA Mentoring Of Moms (MOMs) Program - Year 2

\$ 25,000.00

- Exposure of "At Risk" young mothers and mothers-to-be to healthy family lifestyles
- Understand needs of young mothers and her baby and guide to positive solutions for meeting those needs
- Encourage mothers-to-be to seek adequate prenatal care and participate in proper nutrition
- Provide mentoring for young fathers of MOMs participants

December, 2011 (Completed)

Seeker Springs Adolescent Counseling Center, Eros, LA \$11,815.00 "Team Up" Program at I.A. Lewis School, Ruston, LA

- Provide life skills training for at-risk pre-teens suffering from mild to moderate mental health issues
- Increase life skills involving decision-making, communication, leadership, self-responsibility, social skills and self-esteem

| Total Projects Funded - 2011: | \$ 1,410,488.29 |
|------------------------------------|-----------------|
| Total Projects Funded (2008-2011): | \$ 2,175,365.15 |

2012

Funding Date Recipient / Description of Outcomes Amount Funded Lincoln Parish Schools, Ruston, Louisiana * \$250,000.00 (Completed) Health Enterprise to Assist Lincoln's Students (HEALS) Year 4 School Nurses' Computer Software Dental Care Project (3rd & 6th Grade Screenings, Dentist Voucher Program) Mental Health (Play Therapy & Counselor) Transportation (Coordinator Referrals & Voucher System) Coordination of Dental Referrals Project Implementation & Coordination

June-August, 2012 (Completed)

United Way of Northeast Louisiana, Ruston, LA

\$ 12,000.00

Status Date: 01 March 2013

Boys & Girls Club of North Central Louisiana 2012 Summer Feeding Program

- Expansion of summer feeding services provided by Boys & Girls Club of North Central Louisiana
- Provides meals for children in Lincoln Parish ages 0-18 when public schools are out of session

August, 2012 (Completed)

Elisha Ministries, Inc., dba Supportive Housing of N.E. LA \$23,000.00 Mental, Medical and Dental Support Services Program for Homeless Clients Originating From Lincoln Parish

- Provides mental health assessments, planning and case management
- > Provides physical health assessments, planning and case management
- > Provides dental examinations and services for clients
- > Provides needed medical devises for clients without health insurance
- > Provides for transportation of clients to medical, mental and dental providers

August, 2012 In Progress)

Louisiana Tech University Family Child Studies Dept. \$ 24,814. 00 Parents' Academy and Parental Health and Educational

Support Network for Lincoln Parish Schools – Year 2

- Implementation of a forum for parental communication regarding child growth, developmental milestones & health issues
- > Increases parent and children physical activity knowledge and participation
- Improves parents' awareness of improving and supporting child and family nutritional choices

August, 2012 (In Progress)

Linking the Parish, Inc., Ruston, LA

\$450,000.00

The Health Hut Mobile Medical Clinic – Year 2

- Deployment of mobile medical care to the uninsured population of Lincoln Parish
- Promotes preventive care through ongoing medical screening and educational programs
- Provides referral services for patients presenting with complex medical issues

August, 2012 (Completed)

Lincoln Parish Schools Food Services Department Lincoln Parish Schools Food Service Staff Workshops

\$5,000.00

Status Date: 01 March 2013

Improve nutrition of meals served in Lincoln Parish schools, and increase student acceptance of nutritional foods, by training school cooks and food service managers in healthy meal preparation and presentation

August, 2012 (In Progress)

Seeker Springs Adolescent Counseling Center, Eros, LA \$ 26,684.00 "Team Up" Program at I.A. Lewis School, Ruston, LA-Year 2

- ➤ Provides life skills training for at-risk pre-teens suffering from mild to moderate mental health issues
- Increases life skills involving decision-making, communication, leadership, self-responsibility, social skills and self-esteem

November, 2012 (In Progress)

Life Choices of North Central Louisiana, Ruston, LA Growing Great $Kids^{TM}$ Home Visitation Program – Year 3

\$ 100,000.00

- > Prenatal & Postnatal Education
- Parental Education Re: Child Development

December, 2012 (In Progress)

United Way of Northeast Louisiana, Ruston, LA

\$ 88,725.00

Status Date: 01 March 2013

Boys & Girls Club of North Central Louisiana Triple Play: A Game for Mind, Body & Soul-Year 2

- > Developing health habits to address nutrition, education and fitness
- Childhood obesity awareness & education
- ➤ Increasing fitness to reduce obesity, high blood pressure and other
- > cardiovascular diseases

| Total Projects Funded - 2012: | \$ 980.223.00 |
|------------------------------------|-----------------|
| Total Projects Funded (2008-2012): | \$ 3,155,588.15 |

2013

Funding Date Recipient / Description of Outcomes **Amount Funded** January, 2013 Lincoln Parish Schools, Ruston, Louisiana * \$ 324,428.98 (In Progress) Health Enterprise to Assist Lincoln's Students (HEALS) Year 5 School Nurses' Computer Software Dental Care Project (3rd & 6th Grade Screenings, Dentist Voucher Program) Mental Health (Play Therapy & Counselor) > Transportation (Coordinator Referrals & Voucher System) Coordination of Dental Referrals ➤ Project Implementation & Coordination \$ 24,495.61 January, 2013 Lincoln Parish Schools, Ruston, LA (In Progress) FAB 5: Lit Fit Program (Literacy Program) Year 3 > Implementation at Glenview Elementary, Hillcrest Elementary, Choudrant Elementary, and Simsboro Elementary Schools Curriculum content: literacy skills, combined with fitness, nutrition, and health concepts > Overall objective: reducing overweight school-aged children Louisiana United Methodist Children & Family \$ 120,815.00 January, 2013 (In Progress) Services, Inc. Mental Health Services Initiative Continuation of Mental Health Services For Indigent Residents Collaboration of Family Counseling Center with Community Organizations ➤ Integration of Family Counseling Services Into Other Grants Funded by LHF February, 2013 Life Choices of North Central Louisiana, Ruston, LA \$ 36,000.00 (In Progress) Mentoring Of Moms (MOMs) and Dads Program - Year 3 Exposure of "At Risk" young mothers and mothers-to-be to healthy family lifestyles Understand needs of young mothers and her baby and guide to positive solutions for meeting those needs Encourage mothers-to-be to seek adequate prenatal care and participate in proper nutrition Provide mentoring for young fathers of MOMs participants

March, 2013 (In Progress)

Louisiana Tech University Division of Nursing

\$ 926.39

Status Date: 01 March 2013

Sexual Health: Raising STI Awareness Program – Year 2

- > Implementation of instructional materials to promote awareness of sexually transmitted infections at Louisiana Tech University
- > Implementation of peer instruction, campus referral information and other aids to promote prevention, detection and treatment of STIs

| Total Projects Funded (To Date) - 2013: | \$ 506,665.98 |
|--|-----------------|
| Total Projects Funded (2008 Through 2013-To-Date): | \$ 3,662,254.13 |

^{*} Funding Provided, In Whole or In Part, Through William Harold Sturgis Bequest