

Improving Health Care and Outcomes for Residents of Lincoln Parish

Grant Summary

Initiative: Healthier Outcomes & Access to Health Care

Project Name: "Team Up" Program at I.A. Lewis School – Year #6

Funding Period: August 1, 2016 – July 30, 2017

Project Coordinator: Terry Slawson, Executive Director

Project Administration: Seeker Springs Adolescent Counseling Center

Total Funding Approved: \$39,105.00

Program Summary

"Team Up" is a program developed by Seeker Springs which helps pre-teens increase life skills such as decision-making, communication, leadership, self-responsibility, social skills and self-esteem. "Team Up" was successfully piloted at two Ouachita Parish schools in 2010 - 2011 via funding provided by the Living Well Foundation. Seeker Springs seeks to provide a sixth year of the "Team Up" program at I.A. Lewis School in Lincoln Parish where more than 77% of the 6th grade students are enrolled in the free and reduced lunch program. Students identified by the I.A. Lewis principal and teachers as having behavioral and emotional issues, or social skills difficulties are eligible "Team Up" participants. "Team Up" is conducted on-site at I.A. Lewis and consist of seven (7) week sessions of adolescent group counseling, followed by weekend multifamily group sessions on the campus of Seeker Springs in Eros, LA.

Proposal Objective (Year #6)

- 1. Provide 7-week sessions of counseling on site at I.A. Lewis Elementary involving 115 students; the I.A. Lewis "Team Up" Program will be a part of an overall program that includes therapy groups for numerous students in Lincoln, Union & Ouachita Parishes.
- 2. To have multi-family group sessions on the campus of the agency following the groups.
- 3. To expand the program to other schools in the area.
- 4. To contract with an outside evaluator to research results from the group.