



*Improving Health Care and Outcomes for Residents of Lincoln Parish*

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**Initiative:** Healthier Outcomes & Access to Health Care  
**Project Name:** "Team Up" Program at I.A. Lewis School – Year #4  
**Funding Period:** August 1, 2014 – July 30, 2015  
**Project Coordinator:** Terry Slawson, Executive Director  
**Project Administration:** Seeker Springs Adolescent Counseling Center  
**Total Funding Approved:** \$36,677.00

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### **Program Summary**

"Team Up" is a program developed by Seeker Springs which helps pre-teens increase life skills such as decision-making, communication, leadership, self-responsibility, social skills and self-esteem. "Team Up" was successfully piloted at two Ouachita Parish schools in 2010 - 2011 via funding provided by the Living Well Foundation. Seeker Springs seeks to provide a fourth year of the "Team Up" program at I.A. Lewis School in Lincoln Parish where 73% of the 6<sup>th</sup> grade students are enrolled in the free and reduced lunch program. Students identified by the I.A. Lewis principal and teachers as having behavioral and emotional issues, or social skill difficulties would be eligible "Team Up" participants. "Team Up" would be conducted on-site at I.A. Lewis and consist of six (6) seven (7) week sessions of adolescent group counseling, followed by weekend multifamily group sessions on the campus of Seeker Springs in Eros, LA.

### **Proposal Objective (Year #4)**

1. Provide six (6) 7-week sessions of counseling on site at I.A. Lewis Elementary involving 100 students; the I.A. Lewis Team Up Program will be a part of an overall program that includes 9 therapy groups that will serve a total of 136 students in 4 different schools (in Lincoln, Union & Ouachita Parish).
2. To have multi-family group sessions on the campus of the agency following the groups.
3. To expand the program to other schools in the area.
4. To contract with an outside evaluator to research results from the group.