



*Improving Health Care and Outcomes for Residents of Lincoln Parish*

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### *Funding Summary*

<b>Initiative:</b>	<b>Healthier Beginnings</b>
<b>Project Name:</b>	<b>Lincoln Parish School Gardens Program</b>
<b>Funding Period:</b>	<b>November 1, 2014 – October 31, 2015</b>
<b>Project Coordinator:</b>	<b>Kay Bradford</b>
<b>Project Administration:</b>	<b>Lincoln Parish School Board</b>
<b>Total Funding Requested:</b>	<b>\$ 6,107.40</b>

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#### **Program Summary:**

Currently, four Lincoln Parish Schools have active School Gardens Programs: Alma J Brown, Ruston Junior High School, Cypress Springs Elementary School, & Dubach School previously funded by Lincoln Health Foundation. These gardens were developed & have been supported by funding from the Lincoln Health Foundation. Volunteer Master Gardeners & LSU AgCenter agents work with participating teachers & their students, providing training so that students will know where their food comes from. Volunteers meet in the schools twice a month. Students are introduced to, and taste, garden vegetables through a cooking demonstration. Students are also shown healthy food alternatives and the nutritional benefits of vegetables. In addition, this 2014-2015 School Gardens Program will provide an all-day training for teachers & volunteers in school gardening that would enable them to lead their students in working in these gardens.