



*Improving Health Care and Outcomes for Residents of Lincoln Parish*

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<b>Initiative:</b>	<b>Healthier Beginnings</b>
<b>Project Name:</b>	<b>WISE: together, We Inspire Smart Eating Nutrition Curriculum Initiative – Year 5</b>
<b>Funding Period:</b>	<b>September 1, 2018 – August 31, 2019</b>
<b>Project Coordinator:</b>	<b>Julie M. Rutledge, PhD</b>
<b>Project Administration:</b>	<b>Louisiana Tech University School of Human Ecology, Family &amp; Child Studies Dept.</b>
<b>Total Funding Approved:</b>	<b>\$ 72,535.00</b>

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### **Program Summary**

The purpose of the grant is to continue the implementation and use of the WISE (Together, We Inspire Smart Eating) curriculum, as well as develop and pilot test tools to increase fidelity to implementation. This secondary goal has been developed by the grantee as they set their sights on the sustainability of the program. The ultimate goal to be accomplished in the next few years is to reduce the role of the center as program recipients take ownership of WISE implementation. As such, the focus of this year's grant will be to position the educators and programs through training to ensure success of the program, increase parental knowledge of the benefits of proper nutrition, and encourage healthy food alternatives in school systems via nutritional education programs.

### **Grant Objectives**

- Continue the WISE Program at Lincoln Parish Head Start, Lincoln Parish Early Childhood Center (LPECC), and Louisiana Tech Early Childhood Education Center (ECEC). This year the focus will be on the continuation of the positive outcomes from the program's implementation. We will provide support where needed to ensure the continuation of WISE at its current level of execution.
- Establish a comprehensive baseline Food Insecurity condition of Early Childhood Educators at WISE program target sites
- Implement a 3-year data collection follow-up with Lincoln Head Start children who were in the first implementation year (2015-2016)